



CATHOLIC DISTRICT SCHOOL BOARD OF EASTERN ONTARIO

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Director of Education Innovation Funding 2015-2016 Catholic District School Board of Eastern Ontario Report to CODE May 30, 2016

Who Participated:

- Director of Education
- Manager of Information Technology
- Superintendent with the responsibility of Information Technology

Location of Investigation:

- Catholic District School Board of Eastern Ontario
- St. Francis Xavier University, Antigonish, Nova Scotia
- Various school boards – United States of America

Timelines:

- Part 1 – September to April 2016
- Part 2 – April to June 2016
- Part 3 – September to December 2016

Project:

- Part 1: Commission literature review on separate practices and effectiveness on the use of Mental Health apps.
- Part 2: Critical analysis of CDSBEO's Mental Health App based on research.
- Part 3: Visit Boards in the United States with excellence in I.T. and use of Mental Health apps.

What was Learned:

- Part 1: See attached literature review
- Part 2: Currently being assessed.
- Part 3: Fall 2016

Application to the CDSBEO:

The CDSBEO wants to ensure that its mental health app is meeting the needs of students, parents and staff. Ensuring that our app is based on strong evidence will ensure we can justify its use. We want to

ensure our students are protected from potential loss of personal information or exposure to stigma attached to mental health.

Part 2 of the project will identify areas for enhancement.

Part 3 will allow us to make changes for improvement.

The CDSBEO thanks CODE for providing us with this funding which will ultimately assist us in improving our mental health supports. An update will be provided to CODE once part 2 & 3 have been completed.